

# Warning! NutraSweet® Is A Neurotoxin

The **THALIDOMIDE** of the 90's is **ASPARTAME** otherwise known as **EQUAL®**, **NUTRASWEET®**, or **SPOONFUL®**. In May, 1992 *Flying Safety Magazine* explained the dangers:

In pregnancy the effects of aspartame can be passed directly on to the fetus, even in very small doses. Some people have suffered aspartame-related disorders with doses as small as that carried in a single stick of chewing gum. This could mean a pilot who drinks diet sodas is more susceptible to flicker vertigo, or to flicker-induced epileptic activity. It also means that all pilots are potential victims of sudden memory loss, dizziness during instrument flight and gradual loss of vision.

A pilot's hot-line was set up, and over 500 pilots responded, some speaking of **grand mal seizures in the cockpit of commercial airline flights**. Many pilots lost their medical certifications to fly, and careers. 80% of the complaints to the FDA on food or additives are about this murderous chemical, but they've done nothing to alert or protect you. Don't be surprised, the FDA regularly approves killer drugs as **OMNI MAGAZINE** reported in February, 1994:

51% of FDA approved drugs have serious post-approval risks and could cause adverse reactions that lead to severe or permanent disability or **death**.

The Center for Disease Control, Johns Hopkins University, and the New Jersey School of Medicine estimate that 80-120,000 Americans are killed by prescription drugs every year. That this atrocious holocaust persists has everything to do with money and nothing to do with public health! Monsanto reaps \$1 billion/year from the Aspartame toxic bonanza. This can buy a lot of bureaucrats! Does FDA mean **Fatal Drugs Allowed?** And by the way, your life doesn't really count!

Aspartame is a molecule composed of three components: aspartic acid, phenylalanine and methanol. Once ingested, the methanol, (wood alcohol that has killed or blinded thousands of skid row drunks), converts into formaldehyde and formic acid (Ant Sting Poison). Formaldehyde, a deadly neurotoxin, is **common embalming fluid, a Class A Carcinogen!** Both aspartic acid and 1-phenylalanine are also neurotoxins. Aspartic acid causes brain lesions in neuroendocrine disorders in experimental animals. There are 92 documented symptoms including:

Headaches	Muscle spasms	Irritability	Heart palpitations	Loss of taste
Dizziness	Weight gain	Tachycardia	Breathing difficulty	Tinnitus
Seizures	Rashes	Insomnia	Anxiety attacks	Vertigo
Nausea	Depression	Blindness	Slurred speech	Memory loss
Numbness	Fatigue	Hearing loss	Blurred vision	Joint pain

The NutraSweet® Company and sister Searle whose chemists discovered aspartame while testing an ulcer drug are owned by Monsanto. If you're taking other medicine, consider possible reactions you may have. In 1969, Searle approached Dr. Harry Waisman to study the effects of aspartame on primates. Seven infant monkeys were fed the chemical in milk. One died after 300 days, 5 others had Grand Mal seizures. Searle deleted these findings when they submitted this study to the FDA! The best way to understand NutraSweet® is to think of it as a minute dose of nerve gas that eradicates brain and nerve functions.

## ***SOME DISEASES TRIGGERED BY ASPARTAME:***

Brain tumors and other cancers	Multiple sclerosis	Epilepsy
Chronic fatigue syndrome (Epstein Barr)	Parkinson's	Alzheimer's
Mental retardation	Lymphoma	Birth defects
Fibromyalgia	Diabetes	<b>Death!</b>

Researchers at Massachusetts Institute of Technology surveyed 80 people who suffered brain seizures after eating or drinking products with Aspartame. Aid the Community Nutrition Institute stated: "These 80 cases meets the FDA's own definition of an imminent hazard to the public health, which requires the FDA to expeditiously remove a product from the market".

America is seeing a tremendous increase in seizures. Phenylalanine in Aspartame lowers the seizure threshold in the brain and blocks serotonin production. Today our nation is swept by a rage of violence. Researchers attribute this in part to low brain serotonin levels inducing depression, rage and paranoia. So President Clinton, Diet Coke in hand, programs billions of \$'s to buy penitentiaries for the paranoid. Isn't that a dainty dish to set before the king?

Fetal tissue cannot tolerate methanol and Dr. James Bowen calls NutraSweet® **instant birth control**. The fetal placenta can concentrate phenylalanine and cause mental retardation. Aspartame tests on animals produced brain and mammary tumors. No wonder breast cancer is exponentiating! During Operation Desert Storm truckloads of diet drinks cooked in the Arabian sun and at 86° Aspartame liberates methanol **in the can!** Thousands of service men and women returned home with chronic fatigue syndrome and weird toxic symptoms!

On July 28, 1983 the National Soft Drink Association drafted a 30 page protest questioning the safety of Aspartame in soft drinks. Then they found weight-conscious Americans would sip soda all day if it was sugarless, so they forgot their objections; nor did they tell us that Aspartame makes you crave carbohydrates and so you gain weight. The formaldehyde stores in fat cells, particularly on the hips and thighs. **Drink diet soda, get fat now, and later develop seizures, diabetes, blindness, Epstein Barr, MS, depression and death.**

Similarly, the American Diabetic Association, which receives megafunds from NutraSweet® ignored a 1987 abstract submitted by Dr. H.J. Roberts (world expert on Aspartame and diabetic specialist) summarizing 58 diabetic aspartame reactors. He says: "I now advise ALL patients with diabetes and hypoglycemia to avoid Aspartame products. Russell Blaylock, MD, Neurosurgeon in his book: **Excitotoxins; The Taste That Kills** says Aspartame may trigger clinical diabetes! He says that excitotoxins which can be found in such ingredients as NutraSweet literally stimulate neurons to death, causing brain damage of varying degrees. Health Press 1-800-643-2665

NutraSweet®/Equal®/Spoonful® are the deadliest toxins in our society because of their ubiquitous presence in thousands of foods, even children's vitamins, medicines, Kool Aid and Jello and on every restaurant table. We're dosed with millions of pounds every year! This warning should be on every Aspartame/NutraSweet®/Equal®/Spoonful® product: **CHEMICAL POISON: KEEP OUT OF REACH OF HUMANS! GENOCIDAL!**

#### AUTHORITIES

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Nominated for a Pulitzer Prize, included in Who's Who In America, Who's Who In The World, Who's Who In Science and Technology and THE BEST DOCTORS IN THE U.S. Selected by a national medical publication as "The Best Doctor in the U.S."

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Newsmaker and "Foremost Authority" [Expert Witness Journal] on artificial sweetener, Aspartame. Former Judge, founded A.C.S.N., following life-threatening reaction. Exposed 14-yr. government cover-up of epidemic Aspartame Disease. Thousands of Aspartame adverse reactions fill database/files. Operates worldwide Pilot's Hotline. PLEASE call Mary with your case history on Aspartame!

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#### BOOKS – PUBLICATIONS

**Aspartame, Is it Safe?** The Charles Press  
P.O. Box 15715, Philadelphia, PA 19103

**Sweet'ner Dearest**

**Is Aspartame Safe? A Medical, Public Health Legal Overview on tape.** 1-800-814-9800

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**Bittersweet Aspartame: A Diet Delusion**

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