



Planting Guide

Variety	Field planting date, approximate	Depth of planting in inches	Space between plants in inches	Space between rows in feet	Time to maturity in days
Asparagus	April	6 - 8	18 - 24	4	2 - 3 years
Beans, string bush	May 1 - Aug 1	1 - 1½	3 - 6	1½ - 3	50 - 60
Beans, string pole	May 15 - June 1	1 - 1½	18 - 36	3 - 4	50 - 75
Beans, dry	May 15 - July 1	1 - 1½	2 - 4	2 - 3	90 - 100
Beans, lima bush	May 15 - June 15	1 - 1½	3 - 6	2 - 3	65 - 80
Beans, lima pole	May 15 - June 15	1 - 1½	18 - 36	2 - 3	75 - 95
Beets	April 1 - July 10	½ - 1	1 - 3	1 - 1½	50 - 70
Broccoli, early	April 1 - April 15	plants	12 - 24	3	75 - 100
Broccoli, late	June 15 - July 10	plants	18 - 24	3	90 - 100
Brussel Sprouts	May 15 - June 15	plants	18 - 24	3	90 - 130
Cabbage, early	April 15 - May 20	plants	9 - 18	2 - 3	60 - 90
Cabbage, late	June 15 - July 1	½	9 - 24	2 - 3	90 - 120
Cabbage, Chinese	July 15	½	10 - 18	1½ - 3	75 - 100
Cantaloupes	May 15	½ - 1	12 - 24	5 - 6	85 - 10
Carrots	April 1 - July 10	½ - 1	1 - 3	1 - 2	55 - 90
Cauliflower, early	April 1 - April 15	plants	12 - 18	2 - 3	75 - 100
Cauliflower, late	June 15 - July 10	½	12 - 18	2 - 3	90 - 120
Celery, early	April 20 - May 15	plants	4 - 6	2 - 3	75 - 100
Celery, late	July 1 - July 15	⅛	6	2 - 3	100 - 120
Collards	April 20 - May 14	¼- ½	1 - 1½	1 - 1½	70
Corn, sweet early	May 1 - July 1	1½	8 - 10	2½ - 5	70 - 80
Corn, sweet late	May 1 - July 1	1½	10 - 12	2½ - 5	85 - 100
Cucumbers	May 10 - June 15	1 - 1½	12	3 - 6	60 - 80
Eggplants	May 20 - June 1	plants	18 - 24	3 - 4	90 - 100
Endive	May 1 - July 15	¼ - ½	8 - 12	1½ - 2	60 - 90
Greens, salad	Varies, follow packet directions				
Kale	July 15 - Aug 1	½	12 - 24	1½ - 2	50 - 200
Kohlrabi	April 1 - Aug 1	½	4 - 6	1½ - 2	60 - 75
Leeks	April 1 - April 15	½	3 - 4	1½ - 2	130 - 180
Lettuce	April 1 - Aug 1	1 - 1½	9 - 15	1 - 2	45 - 75
Onions (sets)	April 1 - April 15	½	1 - 3	1 - 2	100 - 120
Parsley	April 1 - Aug 1	¼ - ½	4 - 12	1 - 1½	60 - 90
Parsnips	April 15 - April 30	¼ - ½	3 - 4	1½ - 2	95 - 110
Peas	April	1 - 1½	2 - 3	2 - 3	50 - 80
Peppers	May 20 - June 1	plants	12 - 24	1½ - 3	70 - 90
Potatoes, sweet	May 20	plants	12 - 18	3 - 3½	115 - 125
Potatoes, white	April 15 - May 10	tubers	8 - 12	2 - 3	75 - 145
Pumpkins	May 20 - June 1	1	36 - 60	6 - 10	90 - 110
Radishes	April - August	½	1	1	25 - 35
Rutabagas	July 1	½	5 - 8	1½ - 2	90 - 120
Spinach	April & August	½	2 - 4	1 - 1½	40 - 60
Spinach (New Zealand)	April 15	1	24 - 36	3 - 4	60 - 80
Squash, summer	May 15 - June 1	1	36 - 60	3 - 5	50 - 80
Squash, winter	May 15 - June 1	1	36 - 60	6 - 10	90 - 110
Swiss Chard	April 15	½ - 1	6 - 12	1½ - 3	50 - 60
Tomatoes	May 20 - June 1	plants	36 - 60	3 - 5	75 - 100
Turnips	April - July 25	¼ - ½	2 - 6	1 - 2	50 - 80
Watermelon	May 20 - June 1	1	24 - 36	6 - 10	70 - 95

South Central PA is Zone 7

Last frost April 15 - First frost October 30

Sonnenwald Natural Foods

www.Sonnenwald.org 4796 Lehman Road, Spring Grove, PA 17362 (717) 225-3825